The 2018 BI Survivor Series

Please join the Brain Injury Hope Foundation (BIHF) for this exciting, interactive, Survivor Series designed just for YOU!
We explore ways to achieve a better life for people with BI and PTS. These sessions will help you accomplish your definition of success. Spouses, family, friends, and professionals who serve the BI and other communities are welcome.

January-June sessions are sponsored by Spalding Hospital Volunteer Association
All sessions will be hosted by and held at Rocky Mountain Human Services, 9900 E. Iliff Ave., Denver, CO 80231

All sessions are scheduled for 12:00 p.m. - 2:30 p.m.
Lunch begins at noon.
Registration is free and lunch is included.

For more information and the registration form go to
https://www.braininjuryhopefoundation.org/survivor-series/

Session #6 June 8, 2018 12:00 p.m. - 2:30 p.m.
Topic: Panel - Brain Foods & Nutrition Tips for TBI Survivors - Eat to Thrive
Sponsored by: Spalding Hospital Volunteer Association
A healthy diet during the recovery (and beyond) from a brain injury is important and beneficial. Learn how to help yourself, wisely fuel your body, and make healthy choices to improve memory, recall, and energy. Samples of some brain foods will be available at this session for you to enjoy!

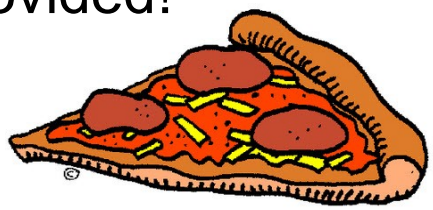
Session #7 July 20, 2018 12:00 p.m. - 2:30 p.m.
Topic: Brain Injury Treatment Panel #2
Sponsored by: Jordan Law
Back by popular demand, come participate in a conversation with various experts (different from the April Panel!) discussing various treatments after a Traumatic Brain Injury (TBI) that you may or may not have thought about, heard about, or even remember! Join us to hear and think about various solutions that help TBI survivors become TBI thrivers.

Session #8 August 10, 2018 12:00 p.m.—2:30 p.m.
Topic: Gayann Brandenburg - Re-Inventing Yourself: Options for a Successful Future (Employment, School, Volunteering, Self-Employment)
Sponsored by: Denver Cherry Creek Rotary Foundation
Employment remains the most consistent measure of inclusion in society, and working in the right job can support wellness and recovery. This interactive session will offer tips and strategies to assist people with brain injuries to become more employable. As an added bonus, we will discuss volunteering and education as pathways to employment, self-employment as an alternative, and we will touch on disclosure in the job search process. Don't miss this great opportunity learn and share!

Keep the dialogue going! Follow our blog by clicking on the link: https://www.braininjuryhopefoundation.org/blog-2/
Our blog contains past Survivor Series information and resources.

Return this form to register

Lunch Provided!



Fill out the registration information and check the events that you will be attending. Then send this page to Brain Injury Hope Foundation to register.

REGISTER BY MAIL AND SEND TO:

Brain Injury Hope Foundation
6732 West Coal Mine Avenue
Suite 227
Littleton, CO 80123
This is NOT the location of the Survivor Series!!

OR REGISTER BY FAX: (303) 904-1725

OR SCAN AND EMAIL TO:
jcohen@braininjuryhopefoundation.org

QUESTIONS?
Contact Joanne Cohen at: (720)389-0670 ext. 2
Email: jcohen@braininjuryhopefoundation.org

Registration is free and lunch is included.

REGISTRATION INFORMATION:

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

Phone: _____

Email: _____

___ **I am requesting gluten free food.**

****Please be sure to provide an email address to receive a confirmation of your registration.**

I WILL BE ATTENDING THE FOLLOWING SELECTED EVENTS (CHECK ALL EVENTS YOU WILL BE ATTENDING):

ALL sessions will be hosted by and held at

Rocky Mountain Human Services, 9900 E. Iliff Ave., Denver, CO 80231

___ **June 8, 2018** 12:00 p.m. - 2:30 p.m. **Brain Foods & Nutrition Tips for TBI Survivors - Eat to Thrive**

___ **July 20, 2018** 12:00 p.m. - 2:30 p.m. **Brain Injury Treatment Panel #2**

___ **August 10, 2018** 12:00 p.m.—2:30 p.m. **Re-Inventing Yourself: Options for a Successful Future**

Please mark the dates on your calendar.

****Confirmation emails will go out approximately 3-7 days prior to the event.**
Please notify us if you are not able to attend as planned