



The 2019 Brain Injury Survivor Series

Please join the Brain Injury Hope Foundation (BIHF) for another year of exciting and interactive survivor series designed just for YOU! We explore ways to achieve a better life for people with BI and Post Traumatic Stress (PTS). These sessions will help you accomplish your definition of success. Spouses, family, friends, and professionals who serve the BI community are welcome AND other communities (ABI, Stroke, Parkinson's, MS, etc.) are welcome too.



[Braininjuryhopefoundation.org/events/](https://braininjuryhopefoundation.org/events/)

FEB 8

12:00 p.m.
to 2:30 p.m.

Demystifying Relationships, Communication, and Intimacy after a Brain Injury Dr. Ricardo Esparza & Dr. Mary Ann Keatley

Lives change following traumatic brain injury. Join us for a meaningful discussion/conversation regarding factors that have been perceived as helping maintain strong relationships, open communication, bonding through surviving the injury as a couple, coping skills, family bonds, social support, spirituality, emotional reactions to changes, and the effect of TBI on intimacy and sexuality. Learn ways to enhance the expression of intimacy, improve communication and provide validation for a supportive relationship.

REGISTER BY MAIL:

Brain Injury Hope Foundation
6732 West Coal Mine Avenue
Suite 227 Littleton, CO 80123

REGISTER ONLINE:

<https://www.braininjuryhopefoundation.org/events/>

REGISTER BY FAX: (303) 904-1725

SCAN OR PHOTO AND EMAIL TO:

jcohen@braininjuryhopefoundation.org

QUESTIONS? Contact Joanne Cohen at:
(720)389-0670 ext. 2

**Registration is free (grant funded)
and lunch is included.**

PLEASE REGISTER ME FOR FEB. 8, 2019!

Register by Feb. 5th

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: _____

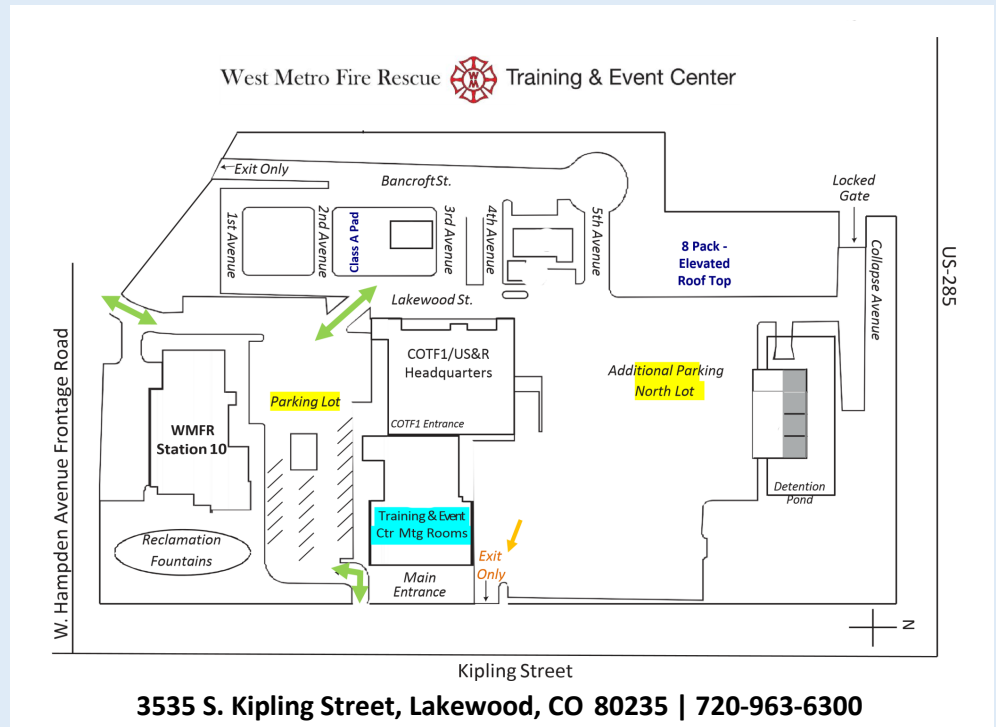
Email: _____

Please be sure to provide an email address to receive a confirmation of your registration.

The 2019 BI Survivor Series

Please note our new location!
All sessions will be held at the
West Metro Fire Rescue
Training & Event Center!

The West Metro Fire Rescue Training and Event Center site map shows Kipling Street and the West Hampden Ave Frontage (service) Road. Please note the green arrows as these are the signalized intersections; enter there from north or southbound Kipling and drive around the west side of the Fire Station to park between the station and the training center.



Save
the
DATES!

MAR 8, 2019
APR 12, 2019
MAY 10, 2019
JUN 14, 2019
JUL 12, 2019
AUG 9, 2019
SEPT 13, 2019

Thank you to our sponsors!
Spalding Hospital Volunteer Association
The Colorado Grand
Dr. Steve and Debbie Cohen
O.T. Plus

Registration and lunch is free (grant funded) will be provided by Biscuits & Berries!
All sessions are 12:00 p.m. - 2:30 p.m. Lunch begins at noon.

MAR 8

Surviving to Thriving Panel: Overcoming Obstacles to Create a Better Life and a New Normal

Panel facilitated by Joanne Cohen; Panelists: William Inman, Jose Reyes, Sheila Ivy Traister, Doris Sanders, Karren Wilson and Kristin Gablehouse

APR 12

Navigating the Benefits System Panel

Panel facilitated by Gayann Brandenburg; Panelists: TBD

MAY 10

Brain Injury Treatment Panel

Panel facilitated by Joanne Cohen; Panelist: Carly Rossi, St. Anthony's Hospital; Kristi Staniszewski, O.T. Plus; Dr. Ed Manniko, Synergy; and Marilyn Corners, International Society of Decorative Artists, Rocky Mountain Hi Chapter; Judith Holland, PhD, Synergy

JUN 14

New Book Celebration: Getting Hit, Getting Up, and Moving Beyond - My Journey Through Brain Injury

Panelists: Joanne Cohen, Keren Kilgore, Rebecca Albano and Rita Coalson.



Braininjuryhopefoundation.org/events/