

# Aasha Brain Clinic™

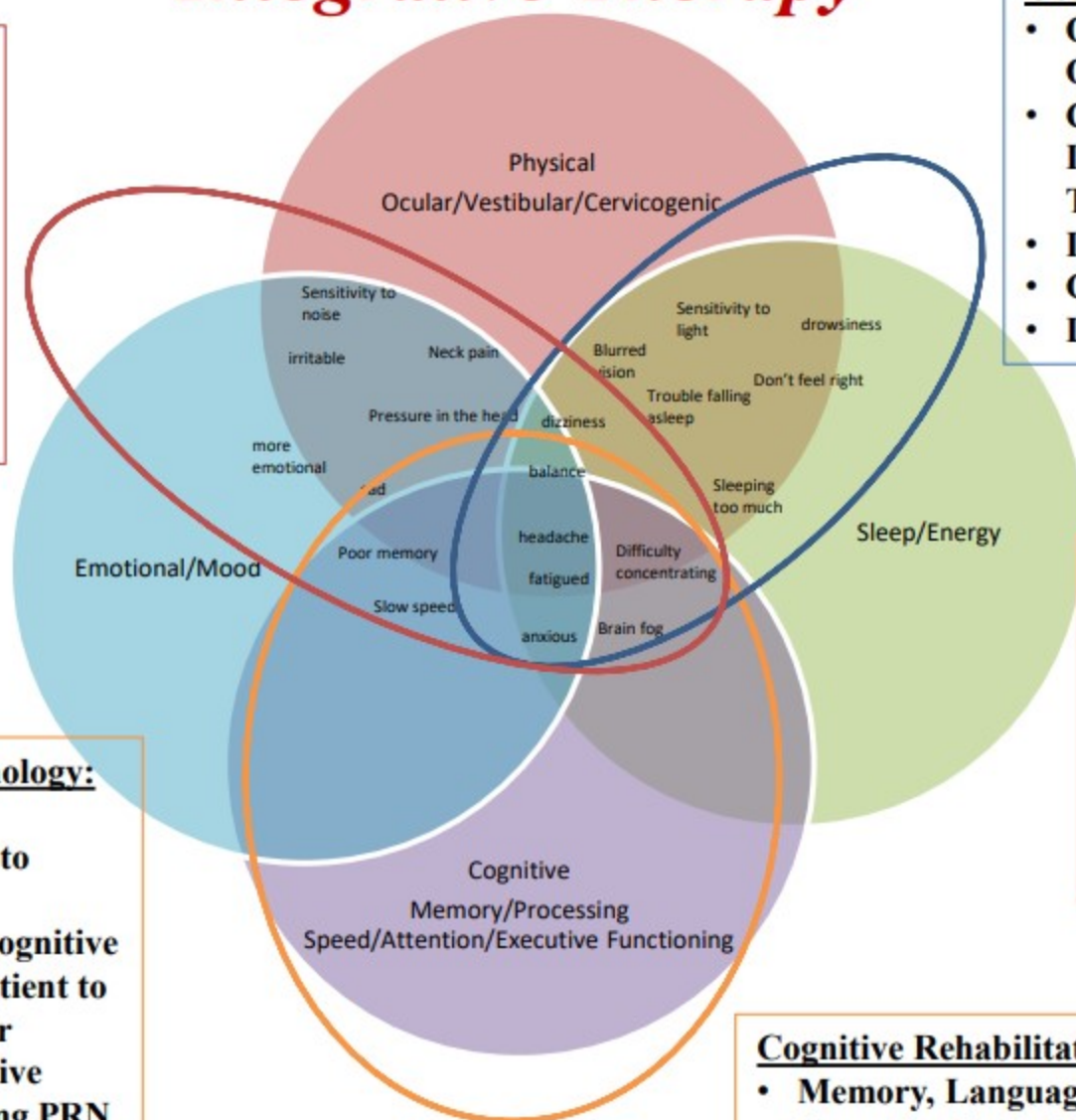
## *‘Integrative Therapy’*

### Physical / Vestibular:

- Vestibular Rehabilitation with PT or OT
- Manual PT
- Dry Needling by PT
- Introduction to cardio
- Graded exposure to stimuli

### Ocular:

- Ocular Rehabilitation with Occupational Therapy
- Convergence Insufficiency/Accommodation Therapy
- Introduction to cardio
- Graded exposure to stimuli
- Lens changes



### Referrals to Outside Specialists for Treatments PRN:

- Non-pharmacologic sleep therapy
- Pain Management
- Supportive Psychological Counseling

### Neurocognitive/Psychology:

- Return to Learn – academic guidance to schools
- Return to Work – cognitive load guidance to patient to share with employer
- Referral to supportive outpatient counseling PRN
- Serial progress-monitor testing with neurocognitive (not neuropsychological tests)

### Cognitive Rehabilitation:

- Memory, Language, Processing Speed, Executive Functioning, Attention training provided by a Speech Language therapist